

Newsletter for week ending 28th August 2026.

Welcome back, everyone!

We hope that you all had an incredible summer and were able to get some fun and relaxation in there!

We have had a wonderful first few weeks back with lots of excitement about new classrooms, new furniture and being able to access our whole playground again!

Group Call:

We are all getting to grips with our new Group Call system for sending out messages and emails. Please be patient with us as we learn how to use yet more new technology. If you experience any errors, please do let us know.

A new page has been created on the school website (<https://frogstonprimary.co.uk>) for newsletters and all newsletters will be posted there too.

Assemblies:

During our assemblies so far, Lorraine has re-visited the school's values with all children in P2 to P7. She explained and discussed what we mean by Achieve, Lead and Love and how we can demonstrate and practise these values in our learning, relationships, behaviours and play.

As always, the pupils were able to talk very confidently with many children providing ideas, thoughts and opinions.

With Aimee and Alan on a Tuesday, the children have been learning to identify and set goals for the school year. Ask your child what their goal is and how a goal is different from a wish.

Fidget Toys and Items from Home:

We have seen far fewer fidget toys and items from home being brought into school which is wonderful, thank you. We would like to politely remind all parents that, unless an item or items have been agreed as part of your child's learning plan, no one should be bringing in fidget toys or items from home like toys or games. These can disrupt learning and cause distress if they are broken or lost.

Lost Property:

Please ensure that all of your children's clothes and belongings such as water bottles and snack boxes are clearly and securely labelled. Any unnamed items will be placed on the lost property rack inside the P5 doors.

Our Eco Store has a large quantity of second hand uniforms, coats, and shoes. Please speak with your child's teacher or a member of the SLT if you would like some items from the Eco Store. Alternatively, we will continue to provide access to the Eco Store at Parent's Evenings and Meet the Teacher events.

Huge thanks to everyone who has helped organise and clean lost items.

Meet the Teacher event:

Our next 'Meet the Teacher' event is on Wednesday the 2nd of September from 5pm to 6pm. Please come along for an opportunity to meet your child's teacher, see their classroom and find out about class learning and daily routines.

As every year, there will be 2 sessions, 1 at 5pm and the second at 5:30pm to allow parents to attend multiple sessions.

Following on from this event, Learning Grids for this term will be shared on the school website.

A Message from our fabulous PE team of Jenny and Mairi:

PE DAYS

These are the PE days for Primary 3-7. P1 and 2 teachers will be in touch with the days their classes are doing PE.

P3 and P3/4 - Monday and Thursday

P4- Tuesday and Wednesday

P5-Tuesday and Thursday

P6A-Thursday and Friday

P6B- Wednesday and Friday

P7- Monday and Wednesday

WHAT YOU NEED

We don't change for PE lessons but we do ask that your child wears trainers or suitable footwear for sport and running on the days of their lessons. They could also bring indoor shoes for days that are wet or have trainers in their bag. Please do not wear Crocs or loose shoes on PE days!

Please have a water bottle each day for your child which they can drink in the class throughout the week and bring to PE as well.

SNACK TIME

Although it's not part of PE, being healthy is something we strongly believe in at Frogston and we would love to see lots of our students eating fruit and veg for their snacks.

There should be no fizzy drinks in school and students will be asked to take these home again with them if spotted.

We will be selecting some sport's leaders who will help promote and encourage healthy eating in the future and we will take part in the Eat Them to Defeat Them campaign as a school later in the year.

MEDICATION

If your child needs an inhaler, please speak to the office to make sure that we have one in school. If you have already completed the medical form this year, that is wonderful, as all medication records are refreshed each year. If you would like a new form, please speak to the office.

WIDER ACHIEVEMENTS

We have 3 wider achievement assemblies throughout the year where we celebrate the fantastic things students have been doing outside of school.

The final assembly, ties in with Sports Day at the end of the year and is when we celebrate sporting achievements with the whole school. However if your child takes part in tournaments, competitions or has something that they are proud of and would like to share- we always love hearing about it in PE and celebrating as a class.

With thanks from Jenny and Mairi!

The Astro:

We have a wonderful all weather pitch which all of our children have access to at break, lunch and often for PE lessons too. After school, from 3pm until 6pm Monday to Thursday, and 12 noon until 6pm on a Friday, the astro is booked for exclusive use by Daddy Day Care.

Daddy Day Care run the after-school club which operates out of the Frogston Primary School building. Daddy Day Care have booked the use of the hall, part of the playground and the astro through the City of Edinburgh Council 'School Lets' system. New signage for the astro detailing this agreement is on its way. Until then, we would like to politely remind all parents to please collect their children from school and leave school grounds promptly, to allow Daddy Day Care to manage their business safely and securely.

Thank you!

Positive Relationships and Behaviour Policy:

Last year, we began reviewing and refreshing our Positive Relationships Policy. P1 teacher Kim MacDonell met with groups of parents, staff and pupils to find out everyone's views about behaviour and relationships at Frogston PS. They made excellent progress. As she has moved on to another school, we have appointed Fraser Fullerton to carry on this important role.

He will begin by meeting with pupils and staff, before then meeting with parents to finalise our updated policy. If this is something you would like to be involved in, just watch this space! More details will follow soon.

Gardening Gang and Chickens:

The Gardening Gang continues to meet outside the front of the school building every Friday after pick-up. We are always looking for more families to join us as we garden, farm and maintain. It is a lovely group who make long-lasting improvements to the local community and school. Come and join us!

If you would like to look after the chickens in September and October, the form is [here](#)! Full training is provided and any eggs you find, you can keep! :)

Mindroom:

We are thrilled to share that Mindroom will be restarting their monthly online Parent and Carer Peer Support group for Edinburgh parents and carers of neurodivergent children.

These sessions are to help parents and carers share their knowledge and lived experiences of supporting neurodivergent children. Each session will have a theme where parents and carers will have the opportunity to chat, to share strategies, anecdotes and what they have found useful.

The group will be facilitated by Parent and Carer Support Specialists, Ellen Cowan and Pauline Hamilton.

A flyer is attached to this email which includes details of how to sign up to the group, with the first session being on Thursday the 10th of September from 10:30am to 11:30am.

Free Swimming:

If you or your family is in receipt of universal benefits, you are eligible for 6 months of casual swimming for free. To find out more or enrol, you just need to go to the closest Edinburgh Leisure centre and register. You will need to take proof of your Universal Credit with you. There are only 500 places available and it goes on first come first serve, so do not delay!

[Summer of Sport | Edinburgh Leisure](#)

Free 6-Month Casual Swimming Pass

Children from 5 to 15 can enjoy 6 months of free casual swimming if their parent or guardian receives Universal Credit.

A limited number of passes are available, so don't wait!

Visit your local Edinburgh Leisure venue to register with proof of entitlement. Both the child and parent receiving the entitlement must be present at registration.

Please note: Children under 9 must be accompanied by an adult every time they visit the pool.

[Read the full terms and conditions.](#)

[Find A Venue](#)

With thanks and kindest regards from the Frogston PS Team.